



## NETBALL 2<sup>ND</sup> YEARS TUESDAY S & C PROGRAM GUIDE 2024

### Session Dates:

<b>TERM 1:</b>	<b>TERM 3:</b>	
<b>No S&amp;C in Term 1</b>	<b>1</b>	16/07/2024
	<b>2</b>	23/07/2024
	<b>3</b>	30/07/2024
	<b>4</b>	6/08/2024
	<b>5</b>	13/08/2024
	<b>6</b>	20/08/2024
	<b>7</b>	27/08/2024
	<b>8</b>	3/09/2024
	<b>9</b>	10/09/2024
	<b>10</b>	17/09/2024
<b>School Holidays</b>		
<b>TERM 2:</b>	<b>TERM 4:</b>	
<b>No S&amp;C In Term 2</b>	<b>1</b>	8/10/2024
	<b>2</b>	15/10/2024
	<b>3</b>	22/10/2024
	<b>4</b>	29/10/2024
<b>Total Number of Sessions = 14</b>		
<b>S&amp;C Sessions Finished for 2024</b>		

### Session Details:

**Day:** Tuesday

**Time:** 4:45-5:45pm

**Venue:** Western Heights Secondary College, 37-61 Vines Rd Hamlyn Heights

**Coaches:** Nick Richardson 0421 369 650    Will Sexton 0430 067 675

### Additional Information:

- Athletes must notify the programs coordinator, Nick or Will via their mobile if you are unable to attend your S&C session
- The BSA membership covers your allocated number of S&C sessions, coaching fees and venue hire.
- BSA athletes are eligible to receive discounted S&C services through P2 Performance. This can be discussed by getting in contact with Will Sexton (0430 067 675)